

## SEPTEMBER

102 W. Old Mill Road

City Of Mesquite

702-346-5290

### Senior Services Staff

- Sally Coates—Manager
- Sharon Leavitt—Head Cook
- Concepcion Felix—Cook
- Barbara Butterfield—Driver
- Krissy Thornton — Program Assistant
- Isela Zarate— Aide
- Kimberly James—Aide

### **SENIOR CENTER HOURS**

**7:00am to 4:30pm  
Monday—Friday  
Except Holidays  
www.mesquitenv.gov**

### **FLU SHOTS**

October 7th

Sav-On Health will be at the Mesquite Senior Center.

Hours:

9:00 a.m. to 12:00 p.m.,

Put it on your calendar and save the date.



### **Morning Card Game**

September 27, 2008

Card/Tile game Saturday for all of those who want to get away from their every day duties of life, come down and enjoy a Saturday morning with us.

Morning game's will start at 9:00 a.m. to 3:00 p.m.

We will serve lunch at 11:00 a.m. and continue on with game playing.

Any card/tile game player is welcome.



The history of our grandparents is remembered not with rose petals but in the laughter and tears of their children and their children's children. It is into us that the lives of grandparents have gone. It is in us that their history becomes a future.

Charles Morse

### **Get Smart with Art**

Dimensional Pencil & Watercolor Class offered at the Senior Center.

**When:** Tuesdays

**Time:** 9:00 a.m.-11:00 a.m.

**Cost:** \$10.00 October month

Our October class will be on Dimensional Collage, Print Making, Pastel and Chalk classes  
Sign up at the Senior Center

### **Scrabble Anyone**

Starting on Wednesday's, we will now be playing Scrabble, if any one is interested.  
1:00 p.m. - 3:00 p.m.

### **Sea Shell Picture Frame Class**

Senior Center

September 23, 2008

Cost is \$5.00

From 1:00 p.m. to 2:00 p.m.

Dessert will be provided

### **Medicare Info Referral**

Sep 11th and 19th,  
Medicare referrals and information will be available by a SHIP Volunteer  
11:15 am—12:30 pm  
Senior Center

### **Grandparents Day**

Let Us honor all of you as Grandparents. We will honor all of you during our regular lunch time. Let us celebrate you, or the lives of your grandparents.



September 9th is Colonel Sanders Birthday, the gentleman who invented KFC. We are having a Lunch Bunch at KFC. Any one who is interested in going to lunch register at the Senior Center and bring some friends. Lets celebrate the Colonel's Birthday.

September 2008

# MENU

**Lunch served from 11:30 am to 12:30 pm**

## BIRTHDAYS

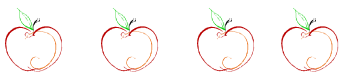
We will be celebrating September birthdays on the 18th. **Birthday Cake** will be served with lunch. If your birthday is this month, please inform our greeter at the receptionist desk.

Senior Services News

Monday	Tuesday	Wednesday	Thursday	Friday
1 Senior Center <b>Closed</b> For <b>Labor Day</b>	2 Hot Dog, Salad Bar, Chips, Watermelon	3 Navajo Tacos, Mexi Corn, Beans, Salsa, Mandarin Oranges	4 Grilled Salmon, Salad Bar, Rice Pilaf, Bread Pudding	5 Dutch Oven Chicken/ Potatoes Carrots, Biscuit Grandparents Surprise
8 Baked Potato Bar, Chili, Broccoli with Cheese, Gingerbread	9 Ham & Cheese Calzones, Salad Bar, Corn Chips Lemon Surprise	10 Sweet & Sour Chicken, Vegetable Egg Roll, Fried Rice, Sugar Cookies	11 Southern Fried Catfish, Salad Bar, Cajun Red Beans, Seasonal Fruit	12 Concha's Famous Meatloaf, Mashed Potatoes/Gravy, Green Beans, Pineapples
15 Lasagna, Normandy Vegetables, Garlic Bread, Mandarin Oranges	16 Tuna Fish Sandwich/ Homemade Bread, BBQ Chips Salad Bar Seasonal Fruit	17 Roast Turkey, Cornbread Stuffing/Gravy, Carrots Fluffy Banana Pudding Parfaits	18 Liver & Onions, Cheesy Potatoes, Salad Bar, Birthday Cake	19 Baked Ham, Candid Yams, Green Beans, Fresh Baked Roll Pears
22 Cheese Enchiladas, Rice, Beans, Salsa Pumpkin Chocolate Chip Cookie	23 Philly Steak Sandwich, Salad Bar, Potato Chips Seasonal Fruit	24 Baked Chicken, Mashed Potatoes/Gravy French Style Green Beans, Spiced Plums	25 Spaghetti & Meatballs, Salad Bar, Garlic Bread, Tapioca Pudding	26 Salmon Patties, White Rice, Creamed Peas Peaches
29 Chicken Fried Steak, Mashed Potato/Gravy, Carrots, Spiced Apples	30 Corn Beef Sandwich, Salad Bar, Chips, Jello Salad			

### **Nutrition Program**

- Lunch is served from 11:30 am to 12:30 pm, Monday through Friday, except holidays at the Senior Center. Reservations appreciated.
- A \$2.50 donation is suggested for 60 years and older.
- A \$4.00 cost for 59 years and under.
- To inquire about Homebound delivery call 346-5290.



The Senior Services Div. is coordinating with "Animal Control" in distributing animal food for Homebound clients' pets. If you are a Homebound client and need further information on this wonderful program please contact the Senior Services Division at 346-5290.



### **CARDS AND TILE GAMES WEEKLY SCHEDULE**



<b>MON</b> Noon	Open Pinochle	8:00 am to
<b>TUES</b>	Mexican Train Dominos Mah-Jongg	12:30 pm to 4:30pm 12:30 pm to 4:30
<b>WED</b>	Open Pinochle, Mah-Jongg	12:30 pm to 4:30pm 12:30 pm to 4:30 pm
<b>THUR</b>	Mah Jongg Cribbage	12:30 pm to 4:30 pm 12:30 pm to 4:30 pm
<b>FRI</b>	Open Pinochle	8:00 am to Noon

**Mesquite Senior Center • 102 W. Old Mill Road • (702) 346-5290**